

RURAL HEALTH GROUP - JORDAN CENTER

Seaboard, NC

“Our prescription is prevention”

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Program Areas: Health Promotion, Wellness and Disease Management

The Jordan (Community Health Education and Resource) Center in Seaboard, NC is a part of the Health Education Division of the Rural Health Group, Inc., serving Halifax, Northampton, and surrounding counties. The program uses the motto “Our Prescription is Prevention”. At the Jordan Resource Center, the emphasis is placed on health promotion, disease prevention /management and access to health care resources and services. The center will schedule health screenings, interventions, and health education and awareness programs as well as referrals to Rural Health Group primary care and dental services.

The Center operates in concert with the Rural Health Group’s Health Outreach and Patient Education (HOPE) Initiative. The HOPE Initiative’s goal is the elimination of health disparities including:

- Diabetes (obesity, nutrition, hyperlipidemia)
- Cancers
- HIV/AIDS
- WIC

The Jordan Center maximizes local, regional, state and national partnerships to eliminate health disparities by providing easy access to information for improved health promotion, wellness and disease management with special emphasis on self-efficacy.

Activities & Services

Health Screenings:

- Blood Pressure
- Blood Sugar
- Diabetic Foot Screening
- Cholesterol Screening
- HIV/AIDS Screening
- Breast & Cervical (BCCP)
- People's Wellness Clinic (medical & dental)

Programs:

- Support Group Meetings
- Health Promotions
- Health Care Resources Referrals
- Demonstrations
- Advisory Committee and Partnership Meetings
- Self Management Classes
- Individual Consultations
- Computer Resource Center
- Lay Health Advisor Training/Meetings
- Mental Health, Stress & Depression Workshops
- Health & Wellness Library
- Wii Fit/Sports

Partners

Partners:

- Health & Wellness Trust Fund, “Care To Act”
- UNC-CH, Carolina Community Network
- Avon Foundation Breast Care Fund
- NC Breast & Cervical Cancer Control Program
- Prevent Cancer Foundation
- Gary B. Davis Foundation
- Northampton County Health Department
- Halifax County Health Department
- Northampton County Healthy Carolinians
- Halifax County Healthy Carolinians
- Northampton County Cooperative Extension & 4-H
- Northampton County Schools
- Various Churches & civic organizations
- 30 Lay Health Advisor Volunteers